

02 May 2022

UNARV – Counselling & Mentoring Centre

Report for the year 2021 – 2022

The mentor mentee list for the year 2021 is attached herewith.

The mentoring of all students was done by respective mentors three times during the semester.

There was one counselling session for each student by Sr Emelia / Sr Sandra during the academic year. During the session problems have identified for certain students and they were given additional counselling sessions, details given below:

Times	Dept. of Hotel Management	Dept. of Languages	Dept. of CSA	Dept. of Commerce
2	7	-	20	49
3 or more	5	-	4	9

With a wide variation in the student population with regard to educational and economic background, the system promises to provide a better understanding of individual students and bring out their highest potential. It also appears to be the most effective method/weapon for mitigating cases of drop-out students.

Prepared by

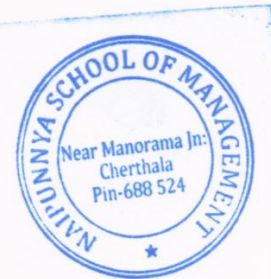
Girly Antony, Coordinator



Sr. Sandra

Approved by

Rev.Fr. Baiju George Ponthempilly (Principal)



Cherthala, Alappuzha, Kerala – 688 524

+91 478 281 7476, +91 478 281 7478, +91 8606802255, naipunnya.cherthala@gmail.com, www.naipunnya.in

03 May 2021

UNARV – Counselling & Mentoring Centre

Report for the year 2020 – 2021

The mentor mentee list for the year 2020 is attached herewith.

The mentoring of all students was done by respective mentors three times during the semester.

There was one counselling session for each student by Sr Emelia during the academic year. During the session problems have identified for certain students and they were given additional counselling sessions, details given below:

Times	Dept. of Hotel Management	Dept. of Languages	Dept. of CSA	Dept. of Commerce
2	-	-	21	31
3 or more	-	-	5	1

Tried to understand student's emotional concerns and have given them timely moral support and guidance to make a remarkable difference in their overall performance. Helped the students to perform under pressure by overcoming test anxiety.

Prepared by

Girly Antony, Coordinator

Approved by

Rev.Fr. Baiju George Ponthempilly (Principal)



Cherthala, Alappuzha, Kerala – 688 524

+91 478 281 7476, +91 478 281 7478, +91 8606802255, naipunnya.cherthala@gmail.com, www.naipunnya.in

04 May 2020

UNARV – Counselling & Mentoring Centre

Report for the year 2019 – 2020

The mentor mentee list for the year 2019 is attached herewith.

The mentoring of all students was done by respective mentors two times during the semester.

There was one counselling session for each student by Sr Emelia during the academic year. During the session problems have identified for certain students and they were given additional counselling sessions, details given below:

Times	Dept. of Hotel Management	Dept. of Languages	Dept. of CSA	Dept. of Commerce
2	5	8	7	12
3 or more	5	6	1	-

Helped the students to grow up with a good sense of direction and clearer focus, focused on shaping up student's behavior and incorporating life lessons and values such as discipline. It also helped to bridge the gap between different students and make life easy for them.

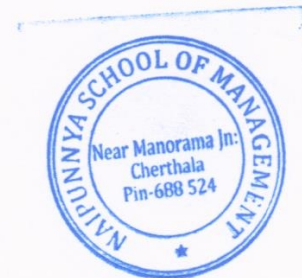
Prepared by

Girly Antony, Coordinator



Approved by

Rev.Fr. Baiju George Ponthempilly (Principal)



Cherthala, Alappuzha, Kerala – 688 524

+91 478 281 7476, +91 478 281 7478, +91 8606802255, naipunnya.cherthala@gmail.com, www.naipunnya.in

02 May 2019

UNARV – Counselling & Mentoring Centre

Report for the year 2018 – 2019

The mentor mentee list for the year 2018 is attached herewith.

The mentoring of all students was done by respective mentors two times during the semester.

There was one counselling session for each student by Sr Emelia during the academic year. During the session problems have identified for certain students and they were given additional counselling sessions, details given below:

Times	Dept. of Hotel Management	Dept. of Languages	Dept. of CSA	Dept. of Commerce
2	2	25	14	103
3 or more	3	8	3	45

UNARV tried to reduce the college dropouts. UNARV had given emotional and moral support to students to overcome failures and face situations with determination and confidence

Prepared by

Girly Antony, Coordinator



Approved by

Rev.Fr. Baiju George Ponthempilly (Principal)



Cherthala, Alappuzha, Kerala – 688 524

+91 478 281 7476, +91 478 281 7478, +91 8606802255, naipunnya.cherthala@gmail.com, www.naipunnya.in

02 May 2018

UNARV – Counselling & Mentoring Centre

Report for the year 2017 – 2018

The mentor mentee list for the year 2017 is attached herewith.

The mentoring of all students was done by respective mentors two times during the academic year. There was one counselling session for each student by Sr Emelia during the academic year. During the session problems have identified for certain students and they were given additional counselling sessions, details given below:

Times	Dept. of Hotel Management	Dept. of Languages	Dept. of CSA	Dept. of Commerce
2	1	19	10	94
3 or more	2	14	5	29

Identified the weak students through individual counselling, identified the reason behind their set back and helped them to overcome their difficulties. Helped the students to set realistic goals and monitor their progress.

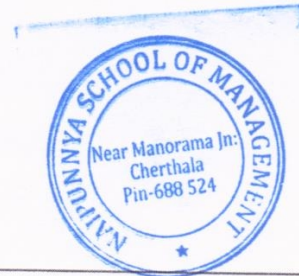
Prepared by

Girly Antony, Coordinator



Approved by

Rev.Fr. Dr. Paul Kaithottungal (Principal)



Cherthala, Alappuzha, Kerala – 688 524

+91 478 281 7476, +91 478 281 7478, +91 8606802255, naipunya.cherthala@gmail.com, www.naipunya.in